

THE NIKE COMBINE IS COMING TO CHARLOTTE!

# WILL YOU BE READY?



Learn about combine testing and participate in activities to help you  
**RUN FASTER, JUMP HIGHER, IMPROVE AGILITY & EXPLOSIVENESS!**

The OrthoCarolina Sports Performance center is the premier athletic training facility in the Carolinas. Our philosophy, program and staff are dedicated to improving athletic performance and reducing the risk of injury.

Join us for Nike SPARQ Combine TRAINING Clinic. SPARQ is an acronym for Speed, Power, Agility, Reaction and Quickness. Created by Nike, Inc., the program's goal is to help athletes improve in these areas through focused, dynamic training. The result is a more complete athlete – blazing speed, explosive power, fluid agility, innate reaction and jump-start quickness.



**DATE:**  
SATURDAY, MARCH 6, 2010

**LOCATION:**  
ELON PARK | 1401 ARDREY KELL ROAD  
CHARLOTTE NC 28277 (LOWER FIELDS)

**COST:**  
\$25 PER ATHLETE

Registration begins @ 10 a.m. (on site) and the camp will run from 10:30 a.m. - 1 p.m.

**FEATURED COACHES:**

**KEITH "THUMP" BELTON (Fullback)**  
*Detroit Lions, Chicago Bears & Denver Broncos  
Syracuse University Orangemen  
West Charlotte High School Graduate*

**TERRY ROBERTSON**  
**(former Quarterback Coach)**  
*East Mecklenburg, Independence &  
West Charlotte High Schools*

Spaces are limited! Contact Chip Sigmon @ 704.231.8648 to reserve your spot today!

**YOU. IMPROVED.**

OrthoCarolina

**SPORTS  
PERFORMANCE**

15825 John J. Delaney Drive | Charlotte, NC 28277  
1915 Randolph Road | Charlotte, NC 28207

[ocsportperformance.com](http://ocsportperformance.com)